

9 WAYS TO SAY NO

"I don't want to do that, but would you want to do this with me instead?"

Not right now

"I really like you, but I don't want to do that"

I DON'T
— like —
THAT

"Even though I was okay with that before, I don't want it now"

I've Changed My Mind



THAT'S
NOT FOR ME

THANKS.

IT'S MY CHOICE

I don't have to explain it.

"That's not really my thing"



REPLIES THAT SHOW YOU



HEAR NO



"Sounds good! Do you want me to ask again later?"

"AWESOME!"



THANK YOU
— for —
TELLING ME

"No problem."

"It's good to know your boundaries."

..... *That's your choice and*

I RESPECT U

I'm good with that.

"Let me know if you change your mind"

